

COMMUNICABLE DISEASE SITE-SPECIFIC SAFE WORK PLAN FOR COVID-19 AT Centennial Park Leisure Centre and Arena

Dept/Areas Covered: Centennial Park Leisure Centre and Arena main office, lobby, Hall, Lounge, hallways, dressing rooms bathrooms, lunch room, coffee shop, kitchen.	Date: January 19, 2022
Completed By: Matt Randhawa	Revised Dates:

Background

The City of White Rock is committed to protecting employees and others in our workplaces against exposure and transmission of communicable diseases. In order to meet these objectives, we must develop, implement and communicate plans to prevent transmission and work safely, which includes assessing the risk of communicable disease transmission in the workplace and developing measures to reduce these risks. Safety plans are implemented when specific communicable disease transmission risk is elevated beyond what the scope of the general measures identified in the City’s Communicable Disease Prevention program. Safety plans are formal, written plans with more disease-specific and rigorous controls and are more appropriate for periods of elevated risk from a particular communicable disease.

Purpose and Scope

This Safety Plan has been developed to ensure the health and safety of all people in the workplace and to prevent the transmission of COVID-19. This plan aims to eliminate, reduce and or control COVID-19 related hazards. It applies to everyone entering the **Centennial Park Leisure Centre and Arena**.

COVID-19 Safety Plan

1. Assess the risks at the workplace

The SARS-CoV-2 virus causes COVID-19 infections of the nose, throat and lungs. The virus is most commonly transmitted by an infected person through:

- Respiratory droplets and aerosols generated when they breathe, cough, sneeze, talk or sing.
- Close contact, such as touching or shaking hands
- Touching objects or surfaces with the virus on it, then touching your mouth, nose or eyes

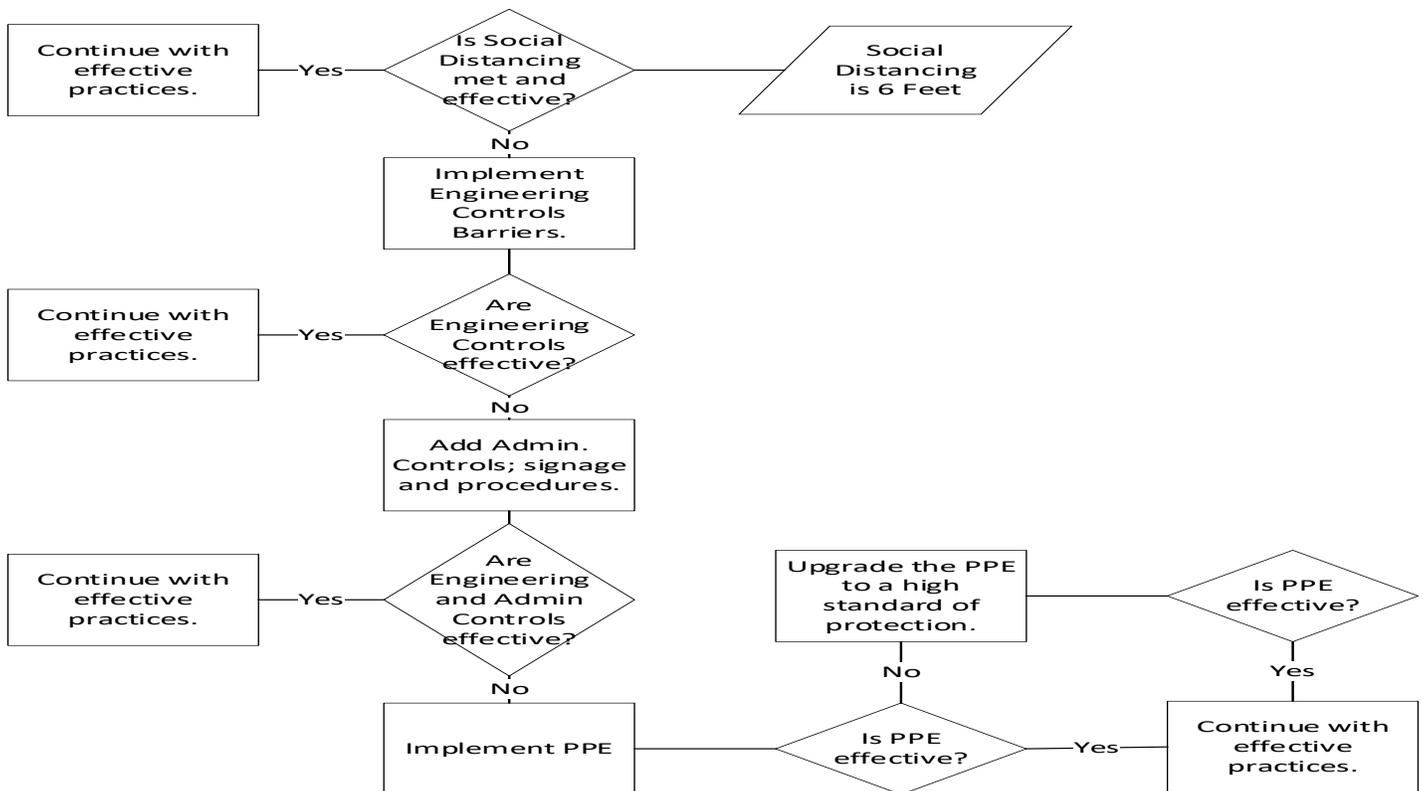
The risk of person-to-person transmission increases the closer you come to other people, the more time you spend near them, and the more people you come near.

The risk of surface transmission increases when many people contact the same surface and when those contacts happen over a short period of time.

Risk Assessments conducted by Recreation and Culture staff identify areas where there may be risks to the COVID-19 virus. A risk assessment supports the development of Safe Work Procedures, which mitigate the risk level of the potential exposure.

☒ Completed risk assessments are available in the public drive.

The principles used to conduct the risk assessment were based upon the Occupational Health and Safety Hierarchies, Elimination by Physical Distancing, Engineering Controls, Administration Controls or Personal Protective Equipment. All people interactions were reviewed for their risk level and their effective controls to reduce the risk; these actions would involve conducting City business with staff-to-staff, staff to public, and staff in commercial or residential settings. Each work task was assigned a risk level without controls in place, and subsequently the effective controls to mitigate the risk.



COVID-19 Exposure – Standard Risk Assessment Flow Chart

Steps

1. Is it possible to Eliminate the exposure of COVID-19?
2. Are Engineering Controls effective? Example are Physical Barriers to prevent exposure.
3. Are Administrative Controls effective? Examples signage and procedures.
4. Are Personal Protective Equipment effective? Is the equipment correct for the tasks.

*If "Yes" continue with effective practices.

*If "No" continue with effective practices.

Involve workers when assessing your workplace

- We have involved frontline workers, supervisors and local Joint health and safety committee
- We have identified areas where people gather, such as break rooms, lobbies, meeting rooms.
- We have identified job tasks and processes where workers are close to one another or members of the public. (workplace, vehicles etc.)
- We have identified the tools, machinery and equipment workers share while working
- We have identified surfaces that people touch often, such as doorknobs, elevator button, light switches etc.

2. Implement Measures (Controls) To Reduce Risk

To reduce the risk of the virus spreading, the following protocols may need to be implemented to protect against the risk of COVID-19.

Indicate which of the below protocols would be effective and required for your staff:

Elimination Measures- Limit the number of people at the workplace and maintaining physical distance:

- Pre-registration required for all programs
- Reduced participant capacities in all programs to meet BCRPA guidelines
- Participants in all recreation programs must show proof of two vaccinations prior to first class
- Establish and post Occupancy limits (to ensure physical distancing is maintained)
- Staff working from home or remotely,
- Staggered or changes to work schedules,
- Designating doors for entry and exit to prevent workers and others from coming into proximity with one another and/or locking doors and permitting entry on an individual basis.
- Limiting, reducing, or prohibiting visitors
- Reducing in-person meetings, training etc.
- Rescheduling/rearranging work tasks
- Promote online/virtual service delivery to residents

- Identifying and establishing a maximum number of people for common areas such as break rooms, meeting rooms, washrooms, elevators, etc. and posting Occupancy limits for common areas, offices etc.
- Implement measures to keep workers and others at least 2 meters apart, wherever possible.
- Limiting vehicle occupancy to 1 person wherever possible and a max of 2 workers where not possible. When assigning 2 people to a work vehicle, ensure it is the same 2 people each time, as much as possible.
- Other Measures: _____

Engineering Measures – Barriers and partitions

- Installing barriers (such as plexiglass) where workers can't keep physical distance from co-workers, customers, or others. Highest priority is where staff interact with the public.
- Barrier cleaning is included in cleaning protocols and secured to eliminate other risks
- Other Measures: _____

Administration Measures – Rules & Guidelines

- A time gap required between classes to allow for ventilation
- Masks are mandatory for participants and/or everyone entering all facilities and programs, except when exercising
- Facility rentals are permitted. Each renter must participate in physical distancing, and cannot exceed the occupancy limit and adhere to all rules and guidelines outlined in the contract that was provided.
- Staff have been informed to not come to work when sick (staff with communicable diseases procedure)
- Maintain a minimum of 2 meters (6 ft) from others.
- Encouraging staff to regularly wash their hands through crew talks and signage (post signage on hand hygiene in common areas such as break room, washrooms, etc.
- Encouraging and posting signage on how to cover coughs and sneezes.
- Passive screening for visitors (signage posted outside of the building asking those with COVID-19 symptoms to not enter)
- Encouraging staff to wipe down equipment after use
- Posting signs to identify areas of high traffic. Stop, yield, or one-way directional arrows may assist in maintaining physical distance.
- Encouraging staff to move aside and yield if they see another worker or visitor walking in their direction
- Where directional control is unavoidable, convex mirrors maybe used at blind corners to mitigate accidental contact
- Allow communal doors to remain open throughout the workday to reduce contact with door handles

- Distancing the tables in lunchrooms, limiting the number of chairs, placing “x’s” on tables where people should not sit
- Instruct workers to use their own equipment, such as pens, staplers, headsets, and computers
- Encouraging hygiene practices that address the needs of the workplace that includes washing or sanitizing hands after coming into contact with public items
- Creating “pods” or “cohorts” of workers who work together exclusively, as much as possible to reduce the risk of broad transmission.
- Other Measures: _____

Personal Protective Equipment (PPE)

Personal protective equipment is the last line of defense against a hazard and is one additional measure that can be taken as part of a layer approach to prevent transmission. Personal protective equipment may include non-medical masks, medical masks, N95 masks (respirators), gloves, eye protective and/or an apron or disposable coverall.

- Policy on the use of masks (and is appropriate to the workplace and meets or exceeds orders and/or guidance from the Provincial Health Officer)
- Masks are selected and used properly, signage is available for workers on using masks correctly and they have been told how to properly use a mask
- Certain tasks will require specific personal protective equipment
- Staff have been trained on the proper use, maintenance, and cleaning of the PPE
- Other Measures: _____

Effective Cleaning and Hygiene Protocols

- Adequate supplies of handwashing facilities and hand sanitizers are available, visible, and easily accessed. (cleaning and sanitizing supplies can be procured by submitting a facilities maintenance request)
- Policies/Procedures/signage in place for hand and respiratory illness hygiene
- High-contact touch surfaces are cleaned regularly (such as light switches, door handles/knobs, hand railings, push pads on doors, counters, arm rests on chairs, tables, paper towel dispensers, sanitizer handles, garbage can lids, fountains, buttons, soap dispensers, lunch/break tables, microwave/coffee buttons, etc.)
- Participants will be asked to wipe down equipment after each use
- Maintaining routine workplace cleaning practices

- Staff are encouraged to wipe down their equipment (desk, keyboard, mouse, phone, etc.) regularly
- Workers assigned to complete cleaning tasks have adequate training and materials
- Cleaning and disinfection is completed on any surface that an ill worker/person has come into contact with

3. Developing Plans, Practices and Procedures

The following policies and guidelines are in place in order to prevent the spread of COVID-19:

- Vaccination Policies in place to support workers receiving COVID-19 vaccinations
- Proof of Vaccination Policy* communicated to staff- Staff who must enter RCMP detachment policy effective November 15, 2022, City-wide policy effective February 14, 2022
- Interim Employment Policy
- Staff with Communicable Disease Symptoms Procedure*
- Workers and visitors directed by Public Health to self-isolate are to follow that advice and to remain at home
- Workers who are working from home are to adhere to *the Interim Telecommuting Guide & Remote Access Policy*.
- Relevant Safe Work Procedures and Practices are available in the public drive, wave and/or posted in the workplace
- First Aid attendants are familiar with *OFAA protocols* for use during COVID-19
- All workers, including those working from home, who work alone, use the SafetyLine Person-check system, and follow all working alone requirements and safe work practices
- Ensure workers have the training and strategies required to address the risk of violence that may arise, especially due to enforcement of COVID protocols. Violence prevention program is in place at your location

4. Communication and Training of Plans

Signage is posted outside of the facility indicating who is restricted from entering the premises, including visitors and workers with symptoms. Additional signage required to communicate safety protocols and promoting physical distancing will be posted throughout the facility, for example, handwashing/sanitizing, occupancy limits, mask requirements etc.

Managers/Supervisors will communicate and train staff on their Area / Group Specific Plans as well as applicable COVID-19 pandemic hazards/risk information, control measures, (e.g. policies, practices, and procedures) and other COVID safety requirements, including:

- The City's online COVID-19 training course
- Interim Employment Policy.
- Safety Plan.
- Risk Assessment (Contents).
- How to address people in the workplace not following safety measures (e.g. physical distancing or entering the facility with symptoms).
- Changes to physical layouts/work activities.
- Personal Protective Equipment (P.P.E.) required and How to use.
- The risk of exposure to COVID-19, and the signs, symptoms and transmission routes of the disease.
- Exposure Control Safety Plan (Contents and Requirements).
- Location of washing facilities, including dispensing stations for alcohol-based hand rubs.
- How to report an absence, exposure to, or symptoms of COVID-19.
- How to stay informed of COVID Info
- Site specific Prevention and Control Measures:
 - General COVID Safe Work Practices
 - Cleaning and Disinfection (including location, how to, WHMIS info for cleaning products etc.).
 - Physical Distancing
 - Hygiene Practices
 - Site-Specific Orientation including, COVID Safety
 - Applicable Safe Work Procedures/Practices
 - Other: (write in):

Safety Plans will be posted at entrances, on the Wave, the City website and other areas within the workplace as necessary. Copies of all areas will be available on the public drive.

Managers/Supervisor will complete regular safety talks/toolbox talks and update their staff on the latest information and requirements. Staff will review the information posted on the Wave on a regular basis to stay up-to-date.

The Prevention and Control Measures- City-Wide Guidance for Managers document has a listing of additional Posters, Education and Signage we will follow.

5. Monitoring the Workplace and Updating Plans as Necessary

As the situation, risk level, information, guidance, and orders change frequently, changes will be made to the Safety Plan and managers will ensure that staff are informed. Workers can raise safety concerns with their supervisors and through a joint health and safety committees.

If you identify a new area of concern, or if it seems like something isn't working, take steps to update policies, procedures and practices. Involve workers in the process.

- Plan in place to monitor risks, and updates are completed as necessary
- Supervisors/Managers monitor workers and the workplace to ensure polices and procedures are being followed. The *Manager COVID-19 Protocols Worksite Inspection Checklist* can be utilized to document and communicate this information.

6. Assess and Address Risks from changes to Operations

Staff affected by changes made to work processes will be trained and informed of the new procedures.

Staff concerns will be reviewed and addressed according to health and safety hierarchy.

SAFETY PLANS REVIEW

This Safety Plan will be reviewed when new information or changes need to be made.